

**Speed Skate PEI**  
**2023 Canada Winter Games**  
**Prince Edward Island – February 18 to March 5, 2023**  
**Team PEI Selection Criteria – Short Track Speed Skating**

**Age Eligibility: Skaters who have reached the age of 14 on June 30, 2022 but who have not reached the age of 19 on June 30, 2022.**

**Year of Birth: July 1, 2003– June 30, 2008 inclusive**

## **1. INTRODUCTION**

- 1.1.** The purpose of this document is to define the rules and procedures that will be followed in selecting the Prince Edward Island Short Track Speed Skating Team (the “Team” or “Team PEI”) for the 2023 Canada Winter Games (“CWG”).
- 1.2.** Speed Skate PEI “SSPEI” regards the CWG as an opportunity for the overall development of the sport in PEI. The competition and training programs leading up to team selection will therefore aim to benefit not only those chosen for the team, but also all other skaters eligible for team selection who wish to improve their speed skating skills and performance.
- 1.3.** The success of the Team will depend not only on the individual efforts of the fastest skaters at race time, but on the teamwork of all eligible skaters throughout the selection process. This teamwork, along with a process that rewards individual commitment, will be key to raising the standard and enjoyment of skating and competition for all.

## **2. DEFINITIONS**

### **Team Prince Edward Island (“PEI”)**

- 2.1.** Team PEI consists of Short Track skaters chosen to compete at the CWG in accordance with the procedures described by this document and in accordance with the athlete eligibility requirements set out in the Canada Winter Games Technical Package for short track speed skating.

### **Selection Committee**

- 2.2.** An independent Selection Committee will be appointed by the Board of the Speed Skate PEI. The mandate of the Selection Committee is to determine and select the Team using the Canada Games Skater Selection Criteria approved by SSPEI’s Board of Directors.

- 2.3. No member of the Selection Committee shall be related to a skater who is eligible for selection to the Team.

### **Serious Injury or Illness**

- 2.4. A serious injury or illness is defined as one that has prevented the skater, under direction from their doctor or physiotherapist and evidenced by a note from same, from fully participating in practices over a fifteen day period.

### **Academic Obligation**

- 2.5. The skater is obligated to prepare in advance for camps, practices, competitions and the CWG by making arrangements with teachers with regard to assignments and exam schedules during their absences from school. In the event that this is not possible, the skater may request to be excused from a camp, practice or competition.

### **Appeals Committee**

- 2.6. The Appeals Committee is composed of the President of SSPEI or the President's designate and two persons appointed by SSPEI who are not involved in the selection of skaters for the Games. No member of the Appeals Committee shall be related to an eligible Canada Games skater.

## **3. SKATER ELIGIBILITY**

- 3.1. Skaters must meet the eligibility requirements as set out in the 2023 Canada Winter Games Technical Package for short track speed skating (Appendix A), in addition to any eligibility requirements set out in this document.
- 3.2. Skaters must be participating and registered in a speed skating program in 2022/2023 that is directly affiliated with SSPEI and Speed Skating Canada ("SSC"). Alternatively, skaters who, within nine months of the start of the CWG, have relocated from PEI to another community but maintain their permanent domicile in PEI, must be continuing to prepare for the Canada Winter Games with a club affiliated with the applicable Branch and SSC and registered as an out-of-province skater with SSPEI. Such skaters must provide evidence of their training program including scheduled ice sessions and attendance.
- 3.3. Skaters who wish to be part of the 2023 CWG PEI Short Track Speed Skating Training Team ("Training Team"), as set out in section 4 below, must declare their

intent by completing an online application and signing a skater commitment form (Appendix B).

- 3.4.** To be eligible to be selected Team PEI, training team skaters must achieve times within 120% of the CWG Short Track records in a minimum of two of the Selection distances no later than December 18, 2022.
- 3.5.** Times can be skated in sanctioned competitions using electronic or manual timing. In instances where a skater has not been eligible to skate on the 111m track in at least two sanctioned competitions, the skater can achieve the required times during pre-designated time trial events, where results are obtained based on the average of 2 watches and adjusted upward by .2 seconds as per standard accepted procedures for manual timing in speed skating. Any such time trial events will be announced to eligible skaters no less than seven days in advance of the event.
- 3.6.** Skaters who have not joined the Training Team, or who have not met the attendance and/or other requirements of the Training Team up to September 1, 2022 can become eligible for selection to Team PEI by:
- Achieving times within 110% of the CWG Short Track records in a minimum of two Selection Distances no later than December 18, 2022; and
  - Paying the same fees that the Training Team member; and
  - Meeting the attendance criteria set out in section 5.7 below from September 1, 2022 onward.
- 3.7.** Skater(s) who are not eligible for short track and/or wish to pursue long track may join the training team by completing the same online application and commitment form at any time. They will also be responsible to pay the same fees. These skater(s) must not be a detriment to the training team, and adhere to the code of contact in **Appendix C**.

**3.8. Time Standards for Training Team Members**

	Female		Male	
Distance	CWG Record	120%	CWG Record	120%
<b>500m</b>	44.83	53.80	41.933	50.320
<b>1000m</b>	1:33.481	1:52.177	1:26.374	1:43.649
<b>1500m</b>	2:27.276	2:56.731	2:12.920	2:39.504

**3.9. For non-Training Team members or skaters not in compliance with training team requirements:**

Distance	Female		Male	
	CWG Record	110%	CWG Record	110%
500m	44.83	49.313	41.933	46.126
1000m	1:33.481	1.42.829	1:26.374	1.35.011
1500m	2:27.276	2.42.004	2:12.920	2.26.212

**4. COMMITMENT TO TRAINING**

**4.1.** Skaters who wish to be members of the Training Team **must apply online by December 31, 2021** and sign a PEI CWG Training Team Commitment Form and **submit it by January 7, 2021**. There will also be fees for training team members to cover activities for the team. Fees are due as follows:

- \$100 with application and commitment form by January 31, 2022\*;
- \$100 by April 30, 2022\*; and,
- \$100 by August 31, 2021\*;

*\*This **may** be adjusted for skater(s) who are not training on the Island and unable to participate in all events held.*

**4.2.** Members of the Training Team that reside on Prince Edward Island must participate fully in all components of the off- and on-ice training program. Attendance will be taken by the Team Manager/Coach. Any exceptions to attendance in the training program must be discussed with and agreed to by the Coach. Decisions to permit attendance exceptions will be based upon a skater's demonstrated commitment to training.

**4.3.** Note skaters who may not make off ice training will be exempt if they are able to demonstrate their fitness level by attaining these levels in the standard 20m beep test:

- Male athletes a minimum level of 11;
- Female athletes a minimum level of 9;

**4.4.** Skaters are required to report any relevant medical condition, illness or injury inhibiting skater performance or participation, at any time of the season, to the CWG Coach or Team Manager.

**5. SELECTION CRITERIA**

**5.1.** The Selection Committee will name skaters to Team PEI by December 31, 2022.

- 5.2. All times used for ranking or selection purposes must have been achieved during sanctioned competitions or time trials as per the notification and timing procedures described in Section 3.3.
- 5.3. The selection committee will obtain officials results of the national competition on Speed Skating Canada Website. These results will be used for ranking in section 5.12.
- 5.4. The members and configurations of the relay teams from among Team members will be the decision of the Short Track Coach. The final relay team selections will be made at the Canada Winter Games.
- 5.5. Any skater who wishes to dispute selection (other than relay team selections, which are not subject to appeal) should refer to the “Appeals Process” described in Section 7 below.

### **Specific Selection Criteria**

- 5.6. Skaters are required to attain the qualifying performance time criteria described in section 3.3 no later than December 18, 2022.
- 5.7. Skaters must achieve 80% attendance at on-ice training sessions or training team sessions scheduled by or approved by the coach, from January 1, 2022 – September 1, 2022 (Phase 1) and attendance of 90% from September 1, 2022 until Canada Games (Phase 2). (Note skaters who are in compliance with attendance at August 31, 2022 can carry it forward with Phase 2, or if it benefits the skaters they can start over at January 1, 2023.
- 5.8. For off season training programs skaters will be required to demonstrate that they have been adhering to the training program by obtaining the following minimum standards of the standard 20m beep test:
  - Male – level 9
  - Female – level 7
- 5.9. They will also be required to attend 80% of dryland training sessions from April 1, 2022-September 30, 2022. Skaters who are unable to make off ice training must do the following to still be eligible for the training team:
  - Meet the standards of the beep test as specified in section 4.3;
  - Record video of skater performing sport specific dryland circuits and send to the coach within 48 hours of the scheduled training sessions;

**5.10.** If the minimum attendance requirements at combined off-ice and on-ice training sessions are not achieved by a skater without a plausible explanation, such as but not limited to serious injury or illness the skater will not be eligible for selection to the Team as a Training Team member and will revert to a non-Training Team member. Non-Training team members must still meet the 90% attendance requirement from September 1, 2022 until Canada Games in order to be eligible for selection to the Team.

**5.11.** Training Team and Non-Training Team members must also adhere to the code of conduct in **Appendix C** to eligible to be named to the team.

### **Skater Selection Ranking**

**5.12.** Skaters who have met the selection criteria described above will be ranked for selection to Team PEI using the following procedures.

**5.13.** Skaters who have met the above standards based on their attendance will be ranked into the 5 positions, per gender as follows:

- I. Top 5 skaters based on overall ranking of all 3 distances at the 2022 Canadian Junior Championships (Event #1);
- II. The remaining positions based on the overall ranking of all 3 distances at the 2022 Short Track Canada Cup #1 (Event #2);
- III. The Remaining positions will be filled based on skaters' fastest combined 500m and 1500m/3 time from January 1, 2022 – December 18, 2022, with the lowest combined time being the highest ranking;
- IV. After the 5 positions have filled based on the above, the 6<sup>th</sup> ranked individual will be offered the alternative position;

**5.14.** If a skater who has qualified for Event #1 or #2 however becomes injured and is unable to compete, they will be ranked based the number of skaters in the field per gender +1. Ie. If there are 32 skaters competing the injured skater will be ranked 33rd.

**5.15.** If an injury prevents a skater from qualifying Event #1 and #2, the skater may request a bye based on previous season results at aforementioned events.

**5.16.** Skaters wishing to withdraw from the Team must notify the President of SSPEI and the CWG 2023 coach in writing at the earliest possible date. Skaters are expected to give some explanation for withdrawal. Once the withdrawal has been made, the Selection Committee will select an eligible skater using the skater

selection ranking procedure that was used for that gender in order to fill the position of the withdrawing skater and the withdrawal will be final.

## **6. READINESS TO COMPETE**

- 6.1.** Any skater selected to the Team who is recovering from a serious injury or illness may be required to prove their readiness to compete no later than 21 days prior to the start of the CWG. At the discretion of the head coach of the Team, the recovering skater may be required to skate time trials to prove their readiness.
- 6.2.** Where an alternate skater has previously met the skater eligibility criteria and is available for Team selection, the time trials would be held with the recovering skater and the first alternate skater during the same ice session. The time trials for these purposes will have one skater on the line, and each participating skater will have the option of a re-skate in one distance of their choice as part of the time trials, however, the other skater will also have the option to re-skate the same distance, with each skater using their best time in each distance after any re-skates. The recovering skater must be able to skate at least two of the three Selection Distances faster than the first alternate skater. If the recovering skater is not able to skate faster time trials in two of three Selection Distances, he or she will be removed from the Team and replaced with the first alternate skater.
- 6.3.** Where there is no alternate skater, such as in the event of less eligible skaters than the maximum of five Team positions per gender, a skater selected to the Team who is recovering from a serious injury or illness may also be required to prove their readiness to compete no later than 18 days prior to the start of the CWG. In such a case, the recovering skater's time trial times must meet the minimum requirements of section 3.3 above (i.e. 120% of CWG records in 2 of 3 distances for Training Team members.) If the recovering skater is not able to meet the qualifying performance time criteria of section 3.3 during the time trials, he or she shall be removed from the Team.

## **7. APPEALS**

### **Appeals Committee**

- 7.1.** The Appeals Committee will be comprised of individuals as described in Section 2.5.

### **Appeal Process**

- 7.2. If a skater believes there are grounds for an appeal, he or she must give notice of his or her intent to appeal within 48 hours after announcement of the Team selection, by giving written or verbal notice to the President of Speed Skate PEI. This notice of intent to appeal must be followed within two (2) days by a formal written appeal (sent by email or hand delivered to the President), clearly stating the reasons for the appeal. A cash deposit of \$100 must accompany the formal written appeal, and will be refunded only if the appeal is successful.
- 7.3. The only grounds for appeal are that Team selections were not made in accordance with Speed Skate PEI's 2023 Canada Winter Games Short Track Team Selection Criteria such that the appellant was improperly excluded from selection consideration.
- 7.4. In the event of a valid appeal request being made, the following process will take place:
- 7.5. First - The Appeals Committee will convene a meeting either in person or by conference call within three (3) days of receipt of the formal written appeal. All information relating to the appeal should be made available to the appellant and the Appeals Committee. In the event that all appropriate information has not been collected in sufficient time, the meeting may be adjourned for an additional three (3) days to permit collection.
- 7.6. Second - The appellant and his/her representative will appear before the Appeals Committee either in person, or by conference call if the appellant is residing outside of PEI, or if all parties consent to holding the meeting by conference call.
- 7.7. Third - The Appeals Committee will review all of the evidence and make one of the following decisions:
- a. Grant the appeal and immediately name the skater to the team, replacing the skater who would no longer be selected based on an updated skater selection ranking as per section 5.6.
  - b. Reject the appeal.
- 7.8. Fourth -The decision will be delivered immediately in verbal form, followed by a written report of the Appeals Committee. The decision of the Appeals Committee will be final. It is recognized that not all situations can be anticipated. All situations will be dealt with in as fair and equitable a manner as possible.

## **8. APPENDICES**



- Appendix A – CWG Short Track Speed Skating Technical Package
- Appendix B – PEI CWG Training Team Commitment Form
- Appendix C – Code of Conduct
- Appendix D – Guidelines for the Allocation of Byes for Selection to Team PEI for 2023  
Canada Winter Games