



**LONG TRACK RANKING LIST  
2022-23**

*Updated: 13 Mar 2023*

<b>Last</b>	<b>First</b>	<b>Category</b>	<b>500m Seconds</b>		<b>1000m Seconds</b>		<b>1500m Seconds</b>		<b>5000m Seconds</b>	
<i>Binns</i>	<i>Andrew</i>	MN1	37.600	37.600	1:18.140	79.996	2:04.990	131.360		
<i>Bruce</i>	<i>Carter</i>	MN1	43.010	43.010	1:28.752	88.752	2:14.256	134.256	9:02.740	542.740
<i>Binns</i>	<i>Rob</i>	M45	46.557	46.557	1:29.008	89.008	2:19.232	139.232		
<i>Larter</i>	<i>Jenna</i>	LN2	41.150	41.150	1:22.710	86.480	2:18.890	138.890		
<i>de Haan</i>	<i>Mirthe</i>	T2T-13	55.380	55.380	1:52.020	112.020	2:59.430	179.430		