



LONG TRACK RANKING LIST*
2023-24

Updated: 5 Feb 2024

Last	First	Category	500m	Seconds	1000m	Seconds	1500m	Seconds	3000m	Seconds
<i>Binns</i>	<i>Andrew</i>	MN2	36.480	36.480	1:14.290	74.290	1:59.770	119.770		
<i>Bruce</i>	<i>Carter</i>	MN2	42.647	42.647	1:31.170	91.170	2:20.800	141.551	5:02.020	302.020
<i>Bruce</i>	<i>Addison</i>	MN1	45.474	45.474			2:28.616	148.616		
<i>Lyons</i>	<i>William</i>	MN1	47.007	47.007			2:25.145	145.145		
<i>Binns</i>	<i>Rob</i>	M50	47.923	47.923			2:22.932	142.932		
<i>Dewar</i>	<i>Tiernan</i>	MC1	48.990	48.990						
<i>Juarez-Alvarez</i>	<i>Diego</i>	MC2	55.370	55.370	1:57.830	117.830			6:55.860	415.860
<i>Larter</i>	<i>Jenna</i>	LN3	38.870	38.870	1:18.370	78.370	2:05.530	125.530		
<i>de Haan</i>	<i>Mirthe</i>	LC2	50.815	50.815	1:40.007	100.007	2:36.460	156.460		

* Including Olympic Style times only