2026 Atlantic Cup - North Rustico, PEI

SATURDAY SCHEDULE OF EVENTS

Start	Race	Division	Skaters	# on line	Track	Event					Time / Resurface
7:50		8, 7	22			Warm up					
8:00		6, 5	20			Warm up					
8:10		4	12			Warm up					
8:20		Special O	3			Warm up					
8:30		1, 2	29			Warm up					
	8:15 AM COACHES & OFFICIALS MEETING - HOSPITALITY ROOM										
8:40	**Full Flood + Track Setup + National Anthem**										**0:20**
9:00	**1**	8	11	8	85	3 Laps	Heat	2 races	A-B	2+4	
	2	7	11	8	100	400	Heat	2 races	A-B	2+4	
	3	6	10	8	100	600	Heat	2 races	A-B	2+4	
	4	5	10	6	100	600	Heat	2 races	A-B	2+2	
	5	4	12	8	100	1500	Heat	2 races	A-B	2+4	
	6	Special O	3	3	111	500	Heat	1 race	A	3+0	
	7	2	14	8	111	1500	Heat	2 races	A-B	2+4	
9:48	***estimated time only**					**Track Flood**					**0:15**
	8	1	15	8	111	1500	Heat	2 races	A-B	2+4	
	9	8	11	8	85	3 Laps	Final	2 races	A-B		
	10	7	11	8	100	400	Final	2 races	A-B		
	11	6	10	8	100	600	Final	2 races	A-B		
	12	5	10	6	100	600	Final	2 races	A-B		
	13	4	12	8	100	1500	Final	2 races	A-B		
	14	Special O	3	3	111	500	Final	1 race	A		
10:51	***estimated time only**					**Track Flood**					**0:15**
	15	2	14	8	111	1500	Final	2 races	A-B		
	16	1	15	8	111	1500	Final	2 races	A-B		
	17	8	11	6	100	200	Heat	2 races	A-B	2+2	
	18	7	11	5	100	200	Heat	3 races	A-C	1+2	
	19	6	10	5	100	200	Heat	2 races	A-B	2+1	
	20	5	10	5	100	400	Heat	2 races	A-B	2+1	
	21	4	12	5	100	400	Heat	3 races	A-C	1+2	
	22	Special O	3	3	111	222	Heat	1 race	A	3+0	
11:56	***estimated time only**					**Lunch - Full Scrape + Full Flood**					**1:00**
	23	2	14	5	111	500	Heat	3 races	A-C	1+2	
	24	1	15	5	111	500	Heat	3 races	A-C	1+2	
	25	8	11	6	100	200	Final	2 races	A-B		
	26	7	11	5	100	200	Final	3 races	A-C		
	27	6	10	5	100	200	Final	2 races	A-B		
	28	5	10	5	100	400	Final	2 races	A-B		
	29	4	12	5	100	400	Final	3 races	A-C		
	30	Special O	3	3	111	222	Final	1 race	A		
13:46	***estimated time only**					**Track Flood**					**0:15**
	31	2	14	5	111	500	Final	3 races	A-C		
	32	1	15	5	111	500	Final	3 races	A-C		
	33	8	11	6	85	2 Laps	Heat	2 races	A-B	2+2	
	34	7	11	6	100	300	Heat	2 races	A-B	2+2	
	35	6	10	5	100	400	Heat	2 races	A-B	2+1	
	36	5	10	6	100	800	Heat	2 races	A-B	2+2	
	37	4	12	6	100	800	Heat	2 races	A-B	2+2	
	38	Special O	3	3	111	777	Super Final	1 race	A		
14:50	***estimated time only**					**Full Flood**					**0:15**
	39	2	14	5	111	1000	Heat	3 races	A-C	1+2	
	40	1	15	5	111	1000	Heat	3 races	A-C	1+2	
	R1	7, 8	22			E to E	Relay	1 race	A		
	R2	6	10		100	1600	Relay	1 race	A		
	R3	5	10		100	1600	Relay	1 race	A		
15:53	***estimated time only**					**Full Flood**					**0:15**
	R4	4	12		100	1600	Relay	1 race	A		
	R5	2	14		111	2000	Relay	1 race	A		
	R6	1	15		111	2000	Relay	1 race	A		
	FINISH										

2026 Atlantic Cup - North Rustico, PEI

SUNDAY SCHEDULE OF EVENTS

Start	Race	Division	Skaters	# on line	Track	Event					Time Resurface
	NO Warm UP										
	7:50 AM COACHES & OFFICIALS DEBRIEF - HOSPITALITY ROOM										
7:50	**Full Flood + Track Setup**										**0:25**
8:15	**41**	8	11	6	100	200	Heat	2 races	A-B	2+2	
	42	7	11	5	100	200	Heat	3 races	A-C	1+2	
	43	6	10	5	100	200	Heat	2 races	A-B	2+1	
	44	5	10	5	100	400	Heat	2 races	A-B	2+1	
	45	4	12	5	100	400	Heat	3 races	A-C	1+2	
	46	2	14	5	111	500	Heat	3 races	A-C	1+2	
8:54	***estimated time only**					**Track Flood**					**0:15**
	47	1	15	5	111	500	Heat	3 races	A-C	1+2	
	48	8	11	6	85	2 Laps	Final	2 races	A-B		
	49	7	11	6	100	300	Final	2 races	A-B		
	50	6	10	5	100	400	Final	2 races	A-B		
	51	5	10	6	100	800	Final	2 races	A-B		
	52	4	12	6	100	800	Final	2 races	A-B		
	53	Special O	3	3	111	333	Heat	1 race	A	3+0	
9:50	***estimated time only**					**Track Flood**					**0:15**
	54	2	14	5	111	1000	Final	3 races	A-C		
	55	1	15	5	111	1000	Final	3 races	A-C		
	56	8	11	6	100	200	Final	2 races	A-B		
	57	7	11	5	100	200	Final	3 races	A-C		
	58	6	10	5	100	200	Final	2 races	A-B		
	59	5	10	5	100	400	Final	2 races	A-B		
	60	4	12	5	100	400	Final	3 races	A-C		
	61	Special O	3	3	111	333	Final	1 race	A		
10:57	***estimated time only**					**Track Flood**					**0:15**
	62	2	14	5	111	500	Final	3 races	A-C		
	63	1	15	5	111	500	Final	3 races	A-C		
	64	8	11	8	85	5 Laps	Super Final	2 races	A-B		
	65	7	11	8	100	600	Super Final	2 races	A-B		
	66	6	10	8	100	800	Super Final	2 races	A-B		
	67	Special O	3	3	111	1000	Super Final	1 race	A		
11:56	***estimated time only**					**Lunch - Full Scrape + Full Flood**					**0:45**
	68	5	10	8	100	1000	Super Final	2 races	A-B		
	69	4	12	6	100	1000	Super Final	2 races	A-B		
	70	2	14	8	111	1500	Super Final	2 races	A-B		
	71	1	15	8	111	1500	Super Final	2 races	A-B		
	FINISH										